

**“EXPECT A MIRACLE – YOU WON’T BE DISAPPOINTED:
A HEALING JOURNEY WITH APPRECIATIVE DIALOGUE”**

TEL FRANKLIN, M. D.

(Skye Press, 2001)

The latest in the ongoing parade of books aimed at helping one transform his or her experience of personal health, and integrate Eastern and Western healthcare modalities. But with an important and valuable difference. Dr. Franklin, an award-winning family doctor in Monterey, California, has recognized that the alternative modalities are still being delivered in the old, traditional “top-down” manner, doctor-expert to passive, receptive patient. And the current health model is still the old allopathic disease-diagnosis-treatment.

In his new workbook, *Expect A Miracle – You Won’t Be Disappointed: A Healing Journey With Appreciative Dialogue* (Skye Press, 2001, ISBN 0-9701165-0-0), Franklin introduces several concepts that he believes are necessary to truly transform patient care in the U.S. These are: 1) shift the model from disease-diagnosis-treatment to *the vision and creation of optimal health*, 2) *put patients in the driver’s seat* of their healthcare program, in partnership with their practitioners, and 3) get the *practitioners all communicating and cooperating*. Pretty revolutionary!

Dr. Franklin’s mission is nothing less than “to change the way medicine is practiced in the U. S.” This new workbook is a tool that patients and practitioners can use to begin to effect the specific changes he cites. Enormously valuable for people who want to take greater control of their health and healing, *Expect A Miracle* leads readers through a visionary and research-based, inventory and journaling process to discover positive solutions for health challenges and develop a personalized “map” to follow on their journey to optimal health. Truly transformative. One of a kind.

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